

## Mentor/Student Discussion Guide

### Psalms

April 2022

\*Your goals in your time together today are check in with one another and to discuss the psalms as songs and prayers to God.

\*Today you will need a pencil and a Connect Bible. You may also want extra paper.

\*It is just as important for youth to get to know mentors as it is for mentors to get to know youth. Both mentor and student should answer the questions for one another.

\*Neither person should be made to feel that they should share more than they are comfortable sharing.

\*You do not need to make sure you have answered every question listed below. They are provided merely as a way to guide your discussion. Neither should you feel limited to these questions.

\*You will not be reporting answers to anyone. If it is helpful to write answers or take notes, feel free to do so knowing that it is not necessary.

\*Please take a moment to pray together at the beginning of your time together. You may pray your own prayer or use the following (spoken by one person or both together).

*Praise God, everybody!*

*Applaud God, all people!*

*The Lord's love has taken over our lives;*

*God's faithful ways are eternal.*

*Hallelujah! (Psalm 117)*

### QUESTIONS FOR DISCUSSION

#### Check in

\*Check in about any events that have happened since or conversation from the last time you met.

\*Each person share a high and a low (something good and something no-so-good that happened) from the previous week.

#### Video

\*What did you learn about the Psalms that you didn't know before?

\*In the video, the Psalms are described as God's people responding to God. What do you think about that idea? Does it change the way we might read or understand them?

## Bible

\*Read through the introduction to Psalms on page 602 of the Connect Bible.

\*Do either or both of you have a favorite Psalm? If so, read it together and tell the other why it is meaningful to you.

\*Read and discuss some or all of the following psalms. What is the main message of this psalm? Why do you think it was written? What are some real-life situations in which the words of this psalm might be helpful to you or someone else?

*Psalm 1, Psalm 8, Psalm 22 (check out the box on page 616), Psalm 23, Psalm 46, Psalm 51 (Why do you think we read this one each year on Ash Wednesday?), Psalm 117 (shortest psalm), Psalm 119 (longest psalm), Psalm 121, Psalm 136, Psalm 139 (Pastor Cindy's favorite), Psalm 150*

## Deeper Discussion

\*Write "Psalm 151" together in the space below or on another sheet of paper. Is it a psalm of praise, thanksgiving, lament, confession, worship...? Use words and phrases that are meaningful to you.